



## **Armscote Manor Portland Wool Woven Bangle or Napkin Ring**

Yarn: Armscote Manor Portland (one ball will make several bangles)

Needles: 4.5mm double pointed (2 required)

To make i-cord, cast three stitches onto a double pointed needle. Knit one row.

\* Slide the stitches to the other end of the needle. Do not turn. Pull the yarn tightly across the back of the work and knit three.

Repeat from \* until the i-cord is long enough to wrap around your wrist seven times. Braid the i-cord into a turk's head knot.

(<http://www.animatedknots.com/turkshead/>)

Make smaller ones for napkin rings or a larger one for a headband

[.www.armscotemanor.co.uk/sheep.html](http://www.armscotemanor.co.uk/sheep.html)

